

"Don't regret any decisions you've made because at one point of time, you were happy with it."

Have you ever stopped to think of the deeper meanings to this quote? When I first heard this, I did not give much thought to it and simply waved it aside, thinking that it was some old grandmother's saying. However, I was wrong. I know now that such a simple saying could actually open up so many new windows in my life. Therefore, in this quote, I believe.

There are times when I start to think, "Hey, I wouldn't end up in this mess if I hadn't made this choice back then," and then I would get overwhelmed by self-pity. But the moment in my sixteen years where I felt this the most, was last year. Upon entering secondary school, I felt that I made two major mistakes in my life. The first wrong decision that I made was to listen to my mother and take up French, instead of Japanese, the language that I really had interest in. The second was to join the school's Audio Visual Club, and declining my secured position in the school's netball CCA under my mother's persuasion. What intensified these feelings was the fact that I didn't enjoy learning French and that I was lagging behind the others. The fact that I thought the school's Audio Visual Club was really boring as compared to my previous CCA, netball, did not help much. Hence, I started to feel really miserable and unfortunate, and started to have constant thoughts of "if only I had"s and all the possible "if I"s.

However, I came across the above quote once again, and this time it really inspired me. I stopped to think, instead of always complaining and regretting about the choices that has already been made, why not try to live the moment and live life to the fullest? It was really easy to say the nice words, but carrying them out was a whole lot more difficult. Despite that, I tried, and whenever I wanted to think about "if"s, I would try to hold myself back. As days passed, I found that I became a much happier person. I started to enjoy French lessons and showed some signs of improvement. At CCA, I became more active and thus had many chances to carry out duties at major school events and acquired many new skills. Life really took a turn for the better and the sky that used to be gloomy for me cleared to reveal a clear, beautiful sky.

That is why, I do not regret any more decisions I make, and look forward instead. Life has grown better for me, and thus, in this I believe.